

Journey to College

Virtual J2CK8 Activities

The following ideas are either new or adapted activities from the current [J2CK8 Site Coordinator Resource Manual](#).

Elementary and Upper Elementary School Activities

“I’m a Counselor/Teacher Because,...” – Counselors and/or teachers share why they chose their major/field of study, what they think they would be doing if they weren’t a counselor or teacher, one fun fact about them the students might not know, and one encouraging phrase to the students during this interesting time of extended schooling from home. Depending on the type of Learning Management System, consider utilizing this activity during daily announcements, Zoom/Google Classroom, chat functions, or uploading videos of the counselor/teacher responses.

Career Collage Door Decorating – Have students use MoSCORES or Missouri Connections to research their top three career choices and create a collage of the information they discovered for each career.

Resources:

[MoSCORES website](#)

[Missouri Connections website](#)

ABC Career Challenge – Students list a career for every letter of the alphabet – students can use paper or can use chalk outside on their sidewalk or driveway.

“A Day in the Life” – Ask students to interview an adult about their chosen career field. Students can share the interview results through a Q&A on the school’s Learning Management System or by email.

Resources:

[How to Conduct an Interview video](#)

[How to Interview a Professional video](#)

“When I Grow Up” and/or Sidewalk Chalk Careers – Encourage students to dream big and use chalk to draw a picture of what they want to be when they grow up on their sidewalk or driveway.

Resources:

[When I Grow Up video](#)

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Middle School Activities

Career Collage Door Decorating – Have students use MoSCORES or Missouri Connections to research their top three career choices and create a collage of the information they discovered for each career.

Resources:

[MoSCORES website](#)

[Missouri Connections website](#)

“A Day in the Life” – Ask students to interview an adult about their chosen career field. Students can share the interview results through a Q&A on the school’s Learning Management System or by email.

Resources:

[How to Conduct an Interview video](#)

[How to Interview a Professional video](#)

Watch the documentary Why Not Us? – This one-hour inspiring documentary was created by The College Board, in partnership with Roadtrip Nation. It follows the journey of four first-generation college students as they take a road trip across America. During their journey, they interview leaders like Ana Maria Cavez, CEO of Girl Scouts of America; Grammy and Academy Award-winner John Legend; and Starbucks CEO Howard Schultz who are all first in their families to attend college. Consider using the viewing guide as a classroom discussion if your Learning Management System has a chat function.

Resources:

[Why Not Us Film](#)

[Why Not Us Viewing Guide](#)

Virtual Word Wall – Counselors can post a short daily video on their school’s social media or Learning Management System choosing one or two words and their definitions to start familiarizing students with high school or college. Counselors can then choose a wall in their home or a virtual location to host the word collection through May and then post a final picture once completed. (Word examples: dorm room, ACT/SAT, FAFSA, credit hours, work study, etc.)

Resources:

Check out the [Glossary](#) on Missouri Connections

Other helpful resources:

- Free Social Emotional Learning (SEL) resources and activities through ACT|MAWI Learning <https://www.mawilearning.com/covid-19-help-resources/>
- Free digital learning and workforce resources to assist students, teachers, schools and workers impacted by COVID-19 through ACT <https://www.act.org/content/act/en/covid19.html>
- Create puzzles and other virtual games at <https://puzzel.org/en/features>
- Celebrate Earth Day on April 22nd by having students explore environmental career options at [MoSCORES website](#) and [Missouri Connections website](#)